

CROWBOROUGH TABLE TENNIS CLUB

(www.crowboroughttc.org.uk)

NEWSLETTER No. 25 - JUNE 2012

EDITOR'S COMMENTS

Here we are, coming up to the 'Longest Day', and it's still cold and rainy - come on Summer, where are you? Anyway, I suppose it's good table tennis weather!

The number of members in the Club has somewhat reduced over the last few years and your Committee has decided to hold an 'Open Evening' on Friday, 7 September to raise awareness of the Club and, hopefully, bring in some more members. Watch out for more details a bit nearer the time.

The Membership year commences on 1 July and subscriptions are due then. If you wish to re-join or newly join the Club this year, can I please ask you to complete your form and pay the necessary subscription as soon as you are able. This is particularly important if you wish to play in the League next season so that we can ensure the correct number of teams are entered in the Wealden League. Thanks.

The Olympics are getting ever near and let's hope that table tennis gets some media coverage amongst all the sports that are included.

Andrew Baggaly, Paul Drinkhall and Liam Pitchford have been selected for the Men's Team whilst Na Liu, Joanna Parker and Kelly Sibley represent the Women.

In the Paralympics, I'm hoping that Will Bayley, from Groombridge, does well and I'll be at the Excel Centre for the finals, should he get that far. Good luck, Will.

Anyway enjoy the Olympics, your holiday or whatever you're doing over the next couple of months - and never mind the weather!!

"50 CLUB"

There was a rather limited take-up to this year's '50 Club' and the committee has taken the reluctant decision to discontinue it.

Many thanks to all those who have supported it over the years.

A.G.M. REPORT

This took place on 21 May and the usual business was conducted .

Hazel MacDonald was elected as President and the existing officers and committee members were re-elected. There are a couple of vacancies, for ordinary committee members, if anyone is interested.

The financial position of the Club remains satisfactory and, therefore, we are able to keep membership subscriptions at the same levels as last year.

CLUB SHIRTS

There are still a few FOR SALE if you missed the original order. We have two polos available, costing £9 and two fleeces in large size at £18.50. Contact John Sidey, details below, if you would like one.

CLUB NIGHTS

A reminder that the Club Room continues to be available for play on Monday evenings, in addition to the regular Friday night sessions.

MEDIA SNIPPET 1

According to psychiatrist Dr Daniel G.Amen you can boost your brain, to help with memory loss, with co-ordination activities such as dancing, tennis or table tennis (which he considers to be the world's best brain sport). (ED. Wow!) In such games of skill, the aerobic activity spawns new brain cells, while the co-ordination moves strengthen the connections between those new cells, so your brain can recruit them for other purposes such as thinking, learning and remembering. In general, he recommends that all of us do some form of aerobic co-ordination activity at least 4-5 times a week for at least 30 minutes. (ED. So now you know!)

MEDIA SNIPPET 2

I know we would like some new younger members, but what about this spotted in the press recently.

It's a documentary film called 'Ping Pong' put out by the European Year for Active Ageing and features eight of the 2000 players who took part in the Veterans' World Championship held in Inner Mongolia, of all places. The oldest competitor was a 99 year old Australian called Dorothy de Low and the combined ages of the eight stars of the film (to be released in July by Picturehouses) is 703!

The film apparently has the support of Boris Johnson and actress Susan Sarandon, who owns a ping pong club in New York.

So, don't think of giving up table tennis just yet!

WEALDEN LEAGUE 2012/13

At the AGM it was again decided to enter teams in the Wealden League next season.

At this stage we do not know how many teams, so if you want to play in the League, then please let Phil W or me know (see Editorial).

As always results and other information can be seen on the website:

www.wttl2009.leaguerepublic.com

MATCHES V HAILSHAM

We are trying to arrange some friendly matches against Hailsham, who play in the Eastbourne League.

This will give the teams a chance for some competitive play during the close season.

Hopefully, matches in Crowborough will take place before the end of June, with a visit to Hailsham in September.

END PIECE

And still on an Olympic theme, don't forget the Olympic Torch passes through the streets of Crowborough on Tuesday, 17 July.

It's about half-way through Day 59 on its route from Brighton to Hastings.

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